



Nirvana Hyperbaric Institute  
Medical Wellness Spa

To Nirvana Hyperbaric Institute:

I'd like to share some feedback concerning my five year old daughter, Audrey, who has recently completed 20 HBOT treatments for Aspergers.

My wife and I have noticed the following benefits: 1) our daughter has improved sleeping patterns: she goes to sleep and wakes up on her own with very little or no prompting. Before treatment she could easily stay up until 10:00 or 11:00 pm and she was very hard to put to bed or to get out of bed in the morning. Now she's completely out at 9:00 pm and wakes up on her own around 7:00 am. 2) Improved human relations: she gets along much better with her younger brother and shows a greater degree of compassion for her brother. She is always thinking about what can be done for him. Also, she has improved and good relations with friends at school and she's starting to become popular with peers. 3) Positive feedback from her grade school teacher, almost every day: Her teacher is giving positive feedback almost every day about my daughter's behavior at school, both academically and socially. This is a big improvement from before HBOT treatment, when the number of bad school days was much more numerous. 4) Change in mood and behavior: my daughter is in a good mood most of the time since beginning HBOT treatments. She also seems to have a much greater grasp of instructions from parents and teacher; she seems to have much greater awareness of what's going on around her; she's much more mindful of her surroundings... being in the moment and less daydreaming. 5) To sum up HBOT has improved my daughter's condition, cognitively, socially and physically.

Thanks,

Tarin Griswold

